

# *The Moon Centers*



## *Ancient Teachings of the Flow of the Feminine Psyche*

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# The Moon Centers

## **Ancient Teachings of the Flow of the Feminine Psyche**

**Hairline** – visionary, arc-Line, divine clarity

**Cheeks** – unpredictable, emotional stability, flirty

**Lips** – verbal, interactive

**Ear Lobes** – intelligence, concerns, ethics

**Back of Neck** – romance, sensitivity

**Breasts** – divine compassion, giving, to the point of foolishly

**Belly Button** – insecure, exposed, vulnerable

**Inner Thighs** – confirmation, verifying, affirming

**Eyebrows** – illusionary, imaginative

**Clitoris** - external

**Vagina** – talkative, social cycles, deep changes

## Hairline – The Goddess of Divine Clarity

As I sit atop this mountain I see the world below as it is.  
I see the reality of the flow of time  
I see the reality of the timelessness of the soul  
I see the possibilities in myself  
I see the possibilities of all humankind  
The Chakras manifested in balance,  
The Kundalini has risen,  
I am Adi Shakti  
And I see the way  
I see Kundalini Rising  
Consciousness Emerging  
Men and Women, and children can travel toward understanding  
The separation is not real  
I am home  
Home is God  
God and me  
Me and God  
Are One.

**Affirmation.** Today I am not limited by time and space and I see the big picture.  
Today I have gem-like quality - the clarity of the diamond, creating my life from  
the visions of my identity written in my heart and soul.

## **Cheeks – Emotion Becomes Devotion – Goddess of Transformation**

I feel so upset! Angry!  
I feel heat rising and my heart is pounding  
How could you have done that?  
How could that have happened?  
Why did you hurt me?  
Who do you think you are, you idiot! You mean man! You catty woman!

I feel so excited!  
It has finally arrived!

I am rich, I am beautiful, and it is all mine, mine, mine!  
I taste the success; I taste the wealth, a new house, a new ring, and a new marriage  
Look at me, I am famous

I am dressed just right  
I am looking at you through the corner of my bedroom eyes  
I am the hook  
You will like me and follow me home  
Then you will be all mine  
And I will possess you forever

It is the same old story  
Over and over again the emotions come.  
I am seeing it now.  
I am tired of so much emotion!  
I meditate  
There is a place called the neutral mind  
Pain and pleasure bounce around  
I dwell in between the two  
Watching from above  
The inner radiance of Adi Shakti  
Mata Shakti Kundalini has blessed me  
Inner radiance attracts all prosperity  
Even God cannot resist it  
I am a sacrifice to Gods will and serve all that comes

**Affirmation** - Today I can process my emotions and flow with life. I can transform my emotions to spiritual devotion and inner radiance.

## Lips – Woman of Words

Talk to me please!  
Why do you withhold yourself?  
I will go to tea with the other goddesses and leave you behind!  
Here is the story of my day.  
What is the story of your day?  
You report.  
Look me in the eyes.  
Let's sit together  
With a cup of tea  
Our words will create the music of the spheres  
And we will pass the time  
In harmony.

**Affirmation** – Today I long to communicate with my world, express myself through my words. My words have power and flow freely and represent my highest consciousness. I am the Teacher.

## Ear Lobes – Woman of Intelligence

My perception is clear  
I am up-to date  
I comprehend the situations  
And am preparing a lecture on the topic

It is time to discuss the issues at hand for they present such pressing questions of moral values and ethics.

Strategize.

Be reasonable for now so the discussion can begin

I am using intelligence to get to the source  
Of the meaning of the  
Words you speak.  
My intelligence tells me,  
You are kind,  
You are real,  
And the only logical explanation is that you have come to learn.  
Let us work together  
In an organized way,  
To asses the damage and to work towards harmony.  
I understand you and I know you understand me.  
My question is, ethically speaking,  
How can we make any decision at all?

**Affirmation** – I have the intelligence to perceive and understand my world. I can work through the blocks and plan for my future. I can act with consciousness. I am the sage.

## Back of the Neck – The Sensitive Romantic

I smell the roses  
Gardenias  
So tonight I will oil with sandal wood sense to call you to me  
My beloved  
My friend  
The candle is lit so you can find the path to me  
The entrance to my home is open  
You have been calling me for lifetimes  
I have been chasing myself round and round  
Until tonight  
The time is right

Come to me  
We can become One.

**Affirmation** – Today my sensitivity is high. The senses are gateways to my soul and I am not confused by the illusory world. I merge with God.

## **Breasts – Compassionate Mother**

What a glorious day!  
I am overflowing!  
Bountiful  
Blissful  
Beautiful  
I have love enough to heal the sadness of the world  
My prosperity is complete and flowing  
I purchased the  
Most expensive robes  
Most beautiful jewelry  
Most valued scents  
And for you,  
Pearls  
They will heal your pain

(Oh dear, I have overdrawn my bank account!)

**Affirmation** – I am the compassion of the Cosmic Mother. All those around me are served and I have plenty left over!

## **Belly Button – Warrior Princess**

I will stay close to home today  
When I look in the mirror I see all my history  
When I look in the mirror I see all of me  
Today I am an open book  
I am concerned about how you think  
About what you see when you look at me  
Can you see it all, does it show?  
Today is the day to listen  
Today is the day to conquer my fear  
And know we are all one

**Affirmation** – In this Age of Aquarius all is revealed, there are no secrets. I am fearless.

## **Inner Thighs – The Executive Woman**

I can verify the situation  
I can affirm the positive and negative aspects.  
I am ready to take a stand on this issue  
And give my word to move forward  
You can trust my word  
As I have done my research and present it to you  
Complete  
Packaged  
Correct.

**Affirmation** – I have an executive mind, I can evaluate the situation at hand.  
When I speak, you can trust my words.

## **Eyebrows – Imaginative Visionary**

I am creative  
Art flows through me  
Poetry, colors on canvas, dreams and visions  
I have tapped the depth of healing imagination  
And can tell you fairy tales  
From my words you will experience the creative flow of your own imagination  
Come with me!  
The world is so filled with color, light, music  
Sing with me as we write the song of spirit and healing  
If we tap the juices just right,  
We won't get lost in the illusion,  
But will fly over the mountains of dreams  
To the heights of spirit!

**Affirmation** – Today my imagination is the healer. I am not fooled by illusions –  
Maya. I am inspired and creative.

## **Clitoris – Goddess of Gatherings**

There's a lot to do!  
To plan the party.  
Let's invite everyone  
We will serve the best food,  
Delicious food that will keep everyone there for hours and hours  
I will wear my favorite outfit and be so happy to see everyone  
Come to my party  
We will dance till dawn  
We will share stories of hopes and dreams  
We will talk about everything and nothing  
Together we will be one community of life energy  
Celebrating!

**Affirmation** – Today I feel the value of my community, my friends, family and  
neighbors. I am grateful and hospitable. All are welcome!

**Vagina – Woman Who Contains the World  
Embracing the Cycles of Life**

I see the birth of your child

Celebrate!

I see her grow, become a woman, initiated into menstrual cycles of life

Celebrate!

I see her marry and find the love and the coziness of a home

Celebrate!

I see the birth of her child

Celebrate!

I see you and I in our wisdom years

Celebrate!

You and I will leave and pass, our love passed though the hearts we touch

I am grateful to know you

To watch you grow

To grow with you and share our pleasure and our pain

Dear Sister

You and I are the same

Go in Peace

The power of our souls will bring us together again and again

Celebrate!

**Affirmation** – I embrace the cycles of my life without fear and regret. I embrace the cosmic cycles of creation.